




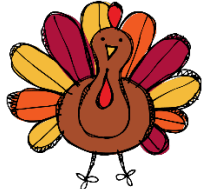







# October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>October BirthStone: <i>Opal</i></p> 	<p>October Birth Flower: <i>Calendula</i></p> 	<p style="text-align: center;">HAPPY <i>Halloween</i></p> 		<p style="text-align: center;"><b>Lunar Festival</b> <sup>1</sup></p> <p>10:45am Meditation and Mandalas ~2N</p> <p>3:30pm Garden Walks ~2N</p> <p>3:30pm Exercise ~ Main</p>	<p style="text-align: center;"><sup>2</sup> <b>3:00pm Lunar Choir Performance</b></p> 	<p style="text-align: center;"><sup>3</sup> 9:30am Sing A Long with Cameron (3<sup>rd</sup> fl)</p> <p>10:45am Current Events ~ Main</p> <p style="text-align: center;"><b>2:30pm Multicultural Choir</b> ~Main</p>
<p style="text-align: center;"><b>Oktoberfest Ends</b> <sup>4</sup></p> <p>9:30am Sing-a-long ~3<sup>rd</sup></p> <p>10:45am <b>Jeopardy!</b> ~Main</p> <p>1:30pm Sing-a-long ~2N</p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>5</sup></p> <p>10:30am Oldies and Goodies ~3<sup>rd</sup></p> <p>10:45am <b>Exercise</b> ~Main</p> <p>1:30pm <b>Chinese Choir</b> with Cameron~Main</p>	<p style="text-align: center;"><sup>6</sup></p> <p>9:45am Good Morning Music ~ Main</p> <p>1:30pm <i>Hymn Sing</i> with Cameron – Main</p> <p>3:30am Mod Podge of Melodies ~3<sup>rd</sup></p> <p>3:30pm Trivia Movies &amp; Television Theme ~Main</p> <p>6:30pm <b>Bingo</b>~ Main</p>	<p style="text-align: center;"><sup>7</sup></p> <p>9:30am Visits with Amanda ~3<sup>rd</sup></p> <p>10:45am <b>Thanksgiving Crafts</b> ~Main</p> <p>11:30am <b>Friendship Lunch: Kentucky Fried Chicken</b></p> <p>1:30pm <b>Thanksgiving Crafts</b> Continued ~Main</p> <p>3:00pm Exercise ~Main</p>	<p style="text-align: center;"><sup>8</sup></p> <p>10:45am Meditation and Mandalas ~ 2N</p> <p>1:30pm <b>Virtual Catholic Mass</b> ~Main</p> <p>1:45pm <b>Crafts: Western Theme</b> ~Main</p> <p>2:30pm Garden Walks ~ 2N</p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>9</sup></p> <p style="text-align: center;"><b>Little Mountain Place Talent Show</b> 2:30-3:30pm</p>	<p style="text-align: center;"><sup>10</sup></p> <p>9:30am Sing A Long with Cameron (2N)</p> <p>10:45am Current Events ~ Main</p> <p style="text-align: center;"><b>2:30pm Multicultural Choir</b> ~Main</p>
<p style="text-align: center;"><sup>11</sup></p> <p>10:45am <b>Thanksgiving Jeopardy!</b> ~Main</p> <p style="text-align: center;"><b>2:00pm Oktoberfest: Beer Bottling (&amp; Tasting!)</b></p>	<p style="text-align: center;"><sup>12</sup> <b>Thanksgiving Day</b></p>  <p style="text-align: center;">~No Leisure Programs~</p>	<p style="text-align: center;"><sup>13</sup></p> <p>9:45am Good Morning Music ~Main</p> <p>1:30pm <i>Hymn Sing</i> ~ Main</p> <p>3:30am Mod Podge of Melodies ~3<sup>rd</sup></p> <p>3:30pm Trivia Musical Lyrics Theme ~Main</p> <p>6:30pm <b>Circle of Men</b> ~ Main</p>	<p style="text-align: center;"><sup>14</sup></p> <p>9:30am Visits with Amanda ~3<sup>rd</sup></p> <p>9:30am Oldies and Goodies ~2N</p> <p>11:45am <b>Dim Sum Lunch</b> ~Main (Westcoast Room)</p> <p>1:30pm <b>Chinese Choir</b>~Main</p> <p>3:30pm Sing Along with Cameron~3<sup>rd</sup></p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>15</sup></p> <p>10:45am Meditation and Mandalas ~ 2N</p> <p>1:30pm <b>Crafts: Western Theme</b></p> <p>2:30pm Garden Walks ~ 2N</p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>16</sup></p> <p>10:45am Good Morning Music ~ 2N</p> <p style="text-align: center;"><b>1:30pm Birthday Party</b></p> 	<p style="text-align: center;"><sup>17</sup></p> <p>9:30am Sing A Long with Cameron (3<sup>rd</sup> fl)</p> <p>10:45am Current Events ~ Main</p> <p style="text-align: center;"><b>2:30pm Multicultural Choir</b> ~Main</p>
<p>10:45am <b>Jeopardy!</b> <sup>18</sup></p> <p>1:30pm <b>Halloween Crafts</b> ~Main</p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>19</sup></p> <p>10:45am <b>Exercise</b> ~Main</p> <p>3:00pm <b>Friendship Tea</b></p> 	<p style="text-align: center;"><sup>20</sup></p> <p>9:45am Good Morning Music ~ Main</p> <p>1:30pm <i>Hymn Sing</i> with Cameron – Main</p> <p>3:30am Mod Podge of Melodies ~3<sup>rd</sup></p> <p>3:30pm Trivia Slang Expressions Theme ~Main</p> <p>6:30pm <b>Bingo</b> ~ Main</p>	<p style="text-align: center;"><sup>21</sup></p> <p>9:30am Oldies and Goodies ~3<sup>rd</sup></p> <p>10:45am Good Morning Music ~ 2N</p> <p>3:30pm <b>Chinese Choir</b> ~Main</p>	<p style="text-align: center;"><sup>22</sup></p> <p>10:45am Meditation and Mandalas ~ 2N</p> <p>1:30pm <b>Virtual Catholic Mass</b> ~Main</p> <p>1:45pm <b>Crafts: Western Theme</b></p> <p>2:30pm Garden Walks ~ 2N</p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>23</sup></p> <p>11:45am <b>Halloween Western Theme Lunch</b></p> <p>2:30pm The Oldies &amp; Goodies ~3<sup>rd</sup></p> <p>2:30pm Garden Walks ~2N</p>	<p style="text-align: center;"><sup>24</sup></p> <p>9:30am Sing A Long with Cameron (2N)</p> <p>10:45am Current Events ~ Main</p> <p style="text-align: center;"><b>2:30pm Multicultural Choir</b> ~Main</p>
<p>10:45am <b>Halloween Jeopardy!</b> <sup>25</sup></p> <p>1:30pm Documentary: Origins of <b>Halloween</b></p> <p>3:30pm Exercise ~Main</p>	<p style="text-align: center;"><sup>26</sup></p> <p>10:45am <b>Exercise</b> ~Main</p> <p>3:00pm <b>Friendship Tea</b>~Main</p> 	<p style="text-align: center;"><sup>27</sup></p> <p>9:45am Good Morning Music ~ Main</p> <p>1:30pm <i>Hymn Sing</i> ~Main</p> <p>3:30am Mod Podge of Melodies ~3<sup>rd</sup></p> <p>3:30pm Trivia Halloween Theme ~ Main</p> <p>6:30pm <b>Circle of Men</b> ~ Main</p>	<p style="text-align: center;"><sup>28</sup></p> <p>9:30am Oldies and Goodies ~2N</p> <p>3:30pm <b>Chinese Choir</b> ~Main</p> <p>3:30pm Visits with Amanda ~3<sup>rd</sup></p>	<p style="text-align: center;"><sup>29</sup></p> <p>2:00pm <b>Pumpkin Carving</b> ~Main Floor</p> 	<p style="text-align: center;"><sup>30</sup></p> <p>2:00pm <b>Jack-O-Lantern Judging &amp; Costume Parade</b> ~Main Floor</p> 	<p style="text-align: center;"><sup>31</sup> <b>Halloween</b></p> <p>9:30am Sing A Long with Cameron (3<sup>rd</sup> fl)</p> <p style="text-align: center;"><b>2:30pm Multicultural Choir</b> ~Main</p>