














September 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>September BirthStone: <i>The Sapphire</i></p> 	<p>September Birth Flower: <i>The Aster</i></p> 	<p>9:45am Good Morning Music ~Main ¹ 1:30pm <i>Hymn Sing</i> with Cameron – Main 3:30am Mod Podge of Melodies ~3rd 3:30pm Trivia: Occupations Theme ~Main 6:30pm <i>Circle of Men</i> ~ Main</p>	<p>9:30am Visits with Amanda ~3rd 10:45am Garden Walks ~ 2N 3:30pm Exercise ~ Main</p> 	<p>10:45am Meditation and Mendalas ~2N ³ 1:30pm Documentary: The Titanic ~main 3:30pm Exercise ~ Main</p>	<p>9:30am Brain Games ~3rd 10:45am Brain Games ~2N ⁴ 3:30pm Exercise ~Main</p> 	<p>10:45am Current Events ~ Main ⁵ 3:30pm Exercise</p> 
<p>9:30am Gardening ~Main ⁶ 10:45am <i>Jeopardy!</i> ~Main 3:30pm Exercise ~Main</p>	<p>LABOUR DAY WORKERS DAY</p>  <p>Sorry No Programs ⁷</p>	<p>3:30pm Trivia School Days Theme ~Main ⁸ 6:30pm <i>Circle of Men</i> ~ Main</p>	<p>10:45am Garden Walks ~ 2N ⁹ 3:00pm Exercise ~Main</p> 	<p>10:45am Creative Writing ~ 2N ¹⁰ 1:30pm <i>The Price is Right!</i> ~main 2:30pm Garden Walks ~ 2N 3:30pm Exercise ~Main</p>	<p>9:30am <i>Walk 'N' Wheel-A-Thon</i> ¹¹ 1:30pm Virtual Catholic Mass ~Main 1:30pm One to One Visits with Lorraine ~2N 3:00pm The Oldies and Goodies ~3rd</p> 	<p>9:30am Sing A Long with Cameron (3rd fl) ¹² 10:30am Sing A Long with Cameron (2nd fl) 1:30pm Current Events 3:30pm Exercise ~Main</p>
<p>Grandparent's Day 13 9:30am Family Reminiscing ~Main 10:45am Family Music ~3rd 2:00pm Little Mountain Multicultural Musical Choir ~Main</p>	<p>9:30am 1:1 Visits with Lorraine~2N ¹⁴ 10:30am Oldies and Goodies ~3rd 10:45am Exercise ~Main 1:30pm Chinese Choir with Cameron~Main</p>	<p>9:45am Good Morning Music ~Main ¹⁵ 1:30pm <i>Hymn Sing</i> with Cameron – Main 3:30am Mod Podge of Melodies ~3rd 3:30pm Trivia Name That Sport Theme ~Main 6:30pm <i>Circle of Men</i> ~ Main</p>	<p>9:30am Visits with Amanda ~3rd ¹⁶ 11:30am Patio Friendship Lunch -Kentucky Fried Chicken- 10:45am Creative Corner: Oktoberfest Theme ~Main 1:30pm Current Events ~Main 3:30pm Exercise ~Main</p>	<p>10:45am Meditation and Mendalas ~ 2N ¹⁷ 1:30pm Let's Do the Polka! 2:30pm Garden Walks ~ 2N 3:30pm Exercise ~Main</p>	<p>10:45am Good Morning Music~2N ¹⁸ 11:30am OKTOBERFEST LUNCH 2:30pm Musical Visits ~3rd 2:30pm Garden Walks ~2N</p> 	<p>Oktoberfest Begins 19 9:30am Sing A Long with Cameron (3rd fl) 10:30am Sing A Long with Cameron (2nd fl) 1:30pm Virtual Vacation: Germany ~Main 3:30pm Oktoberfest Event: Beer Making ~Main</p>
<p>9:30am Can't-go-wrong-with-a Sing-a-Long ~3rd ²⁰ 10:45am Exercise ~Main 2:00pm Little Mountain Multicultural Musical Choir ~Main</p>	<p>9:30am 1:1 Visits with Lorraine~2N ²¹ 10:30am Oldies and Goodies ~3rd 10:45am Exercise ~Main 1:30pm Chinese Choir with Cameron~Main 3:00pm Friendship Tea ~Main</p>	<p>First Day of Fall 22 9:45am Good Morning Music ~ Main 1:30pm <i>Hymn Sing</i> with Cameron – Main 3:30am Mod Podge of Melodies ~3rd 3:30pm Trivia Autumn Theme ~Main 6:30pm <i>Circle of Men</i> ~ Main</p>	<p>9:30am Visits with Amanda ~3rd ²³ 10:45am Garden Walks ~2N 12:00pm Dim Sum Lunch ~Main (Westcoast Room) 3:30pm Exercise ~Main</p>	<p>10:45am Let's Stretch! ~ 2N ²⁴ 1:30pm September Birthday Party</p> 	<p>10:45am Good Morning Music ~ 2N ²⁵ 2:30pm The Oldies and Goodies ~3rd 2:30pm Garden Walks ~2N</p> 	<p>9:30am Sing A Long with Cameron (3rd fl) ²⁶ 10:30am Sing A Long with Cameron (2nd fl) 2:00pm Celebration of Life "Remembering our Friends"</p>
<p>9:30am Can't-go-wrong-with-a Sing-a-Long ~3rd ²⁷ 10:45am Exercise ~Main 2:00pm Little Mountain Multicultural Musical Choir ~Main</p>	<p>9:30am 1:1 Visits with Lorraine~2N ²⁸ 10:30am Oldies and Goodies ~3rd 10:45am Exercise ~Main 1:30pm Chinese Choir with Cameron~Main 3:00pm Friendship Tea~Main</p>	<p>9:45am Good Morning Music ~ Main ²⁹ 1:30pm <i>Hymn Sing</i> with Cameron ~Main 3:30am Mod Podge of Melodies ~3rd 3:30pm Trivia Science Theme ~ Main 6:30pm <i>Circle of Men</i> ~ Main</p>	<p>9:30am Visits with Amanda ~3rd ³⁰ 10:45am Garden Walks ~2N 10:45am Creative Corner: Moon Festival Craft ~Main 1:30pm Virtual Vacation: China ~Main 3:30pm Exercise ~Main</p>	<p>HAPPY GRANDPARENTS DAY</p> 	<p>GRANDPARENTS DAY</p> 	<p>Oktoberfest</p> 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1 <u>10:45am</u> Good Morning Music <u>1:00pm</u> Arts & Crafts -Poster Making-</p>	<p>2 <u>1:30am</u> Jeopardy!</p>	<p>3 <u>9:30am</u> Exercise</p>	<p>4 <u>1:30am</u> Poetry in the Garden</p>	<p>5 <u>9:30am</u> Garden Walks <u>1:30am</u> Brain Games: Labour Day Theme</p>
<p>6 <u>1:30pm</u> Garden Walks </p>	<p>7  LABOR DAY No Leisure Programs</p>	<p>8 <u>1:00pm</u> Arts & Crafts -Hedge Hog Theme -</p>	<p>9 <u>9:30am</u> Trivia -Occupations Theme- <u>1:30pm</u> Gardening </p>	<p>10 <u>9:30am</u> Exercise <u>1:00pm</u> Garden Walks <u>5:45pm</u> Reader's Corner</p>	<p>11 <u>9:30am</u> Walk 'N' Wheel-A-Thon  <u>1:30pm</u> Sing Along with Cameron</p>	<p>12 <u>9:30am</u> Brain Games <u>10:30am</u> Current Events <u>1:30pm</u> Sing Along with Cameron</p>
<p>13 National Grandparent's Day  <u>9:30am</u> Good Morning Music <u>10:45am</u> Family Reminiscing</p>	<p>14 <u>9:30am</u> Mod Podge of Melodies <u>3:00pm</u> Make a Musical Wish</p>	<p>15 <u>10:45am</u> Good Morning Music <u>1:45pm</u> Garden Terrace Birthday Party with Music by Cameron</p>	<p>16 <u>11:30am</u> Friendship Lunch -Kentucky Fried Chicken- (on Main Floor) <u>2:30pm</u> Gardening </p>	<p>17 <u>9:30am</u> Exercise <u>1:00pm</u> Garden Walks <u>5:45pm</u> Reader's Corner</p>	<p>18 <u>9:30am</u> Musical Reminiscing with Cameron <u>2:30pm</u> Garden Walks</p>	<p>19 <u>9:30am</u> Creative Writing <u>10:30am</u> Current Events <u>1:30pm</u> Sing Along with Cameron</p>
<p>20 <u>9:30am</u> Exercise <u>10:45am</u> Good Morning Music</p>	<p>21 <u>9:30am</u> Mod Podge of Melodies <u>1:30pm</u> Exercise <u>3:00pm</u> Make a Musical Wish</p>	<p>22 <i>First day of Fall</i> <u>10:45am</u> Good Morning Music <u>1:00pm</u> Arts & Crafts -Oktoberfest Theme-</p>	<p>23 <u>9:30am</u> Trivia -Name That Sport Theme- <u>2:00pm</u> Gardening </p>	<p>24 <u>9:30am</u> Exercise <u>1:30pm</u> Birthday Party (on Main Floor) <u>5:45pm</u> Reader's Corner</p>	<p>25 <u>9:30am</u> Musical Reminiscing with Cameron <u>11:30am</u> Special Lunch  <u>2:30pm</u> Garden Walks</p>	<p>26 <u>9:30pm</u> Brain Games <u>10:30am</u> Current Events <u>1:30pm</u> Sing Along with Cameron</p>
<p>27 <u>9:30am</u> Exercise <u>10:45am</u> Good Morning Music</p>	<p>28 <u>9:30am</u> Mod Podge of Melodies <u>1:30pm</u> Exercise <u>3:00pm</u> Make a Musical Wish</p>	<p>29 <u>10:45am</u> Good Morning Music <u>1:00pm</u> Arts & Crafts - Autumn Theme-</p>	<p>30 <u>9:30am</u> Trivia -Science Theme- <u>2:00pm</u> Gardening </p>	<p>September Flower is the Aster </p>	<p>September Birthstone is the Sapphire </p>	