
















February 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Groundhog Day 2 9:45am Active Games (2nd fl) 1:30pm Baking</p> 	 <p>9:30am Step Up 1 Class 9:30am Strength & Balance 10:30am Musical Visits with Sterling 10:45am Step Up 2 Class 2:00pm Chinese Leisure Interests 3:00pm Music with Sterling (2nd fl) 3:00pm Get up Class</p>	 <p>9:45am Creative Music Making 10:30am Nail Care (2nd Fl) 10:30am Worship with Vancouver Chinese Mission 10:45am Lunch Outing to The Flamingo Restaurant 2:00pm Valentine's Day Baking</p>	 <p>9:30am Step up 1 Class 10:45am Step up 2 Class 11:30am Friendship Lunch 1:30pm Tzu Chi Karaoke 3:00pm Get up Class 3:00pm Musical with Angela (2nd Fl)</p>	 <p>9:45am Creative Music Making 11:00am Musical Visits with Sterling 6:00pm Carpet Bowling</p>	 <p>10:00am Chinese New Year: The Evergreen Dancers 10:30am Musical Visits with Sterling 11:15am Step-up 2 Class 2:30pm Chinese New Year: Rat Race</p>	<p>10:45am Current Events 2:00pm Saturday Social Entertainment by Bob Collins</p>
 <p>9:30am Step Up 1 Class 9:30am Strength & Balance with Sterling 10:30am Musical Visits with Sterling 10:45am Step Up 2 Class 1:15pm Scenic Drive to Garry Point Park 3:00pm Music with Sterling (2nd fl) 3:00pm Get up Class</p>	<p>9:30am Step Up 1 Class 9:30am Strength & Balance with Sterling 10:30am Musical Visits with Sterling 10:45am Step Up 2 Class 1:15pm Brock School Visit 2:00pm Music with Peter (2nd Fl)</p>	<p>9:45am Creative Music Making 10:30am Nail Care (2nd Fl) 10:30am Worship with Vancouver Chinese Mission 1:15pm Brock School Visit 2:00pm Music with Peter (2nd Fl)</p>	<p>9:30am Step up 1 Class 10:45am Step up 2 Class 1:30pm Tzu Chi Karaoke 2:30pm Music with Peter (2nd Fl)  3:00pm Get up Class</p>	<p>9:45am Creative Music Making 11:00am Musical Visits with Sterling 6:00pm Pathfinders Visit</p>	<p>Valentine's Day 9:30am Step Up 1 class 9:30am Active Games (3rd fl) 10:30am Music with Sterling (3rd fl) 11:15am Step-up 2 Class 2:30pm Valentines Event: Race of Hearts </p>	<p>10:45am Current Events 2:00pm Family Day Social Entertainment by Lorraine Smith </p>
<p>9:45am Active Games (3rd fl) 2:00pm Healing Harmonies: Students from Sir Winston Churchill</p>	 <p>Sorry No Leisure Programs</p>	<p>9:45am Creative Music Making 10:30am Nail Care (2nd Fl) 10:30am Worship with Vancouver Chinese Mission 11:00am Musical Visits with Sterling 2:00pm Birthday Party with Al Foreman</p>	<p>9:30am Step Up 1 Class 10:45am Step Up 2 Class 2:00pm Mardi Gras </p>	<p>9:45am Creative Music Making 10:30am Tzu Chi Program 11:00am Musical Visits with Sterling 12:00pm Tzu Chi Lunch 1:30pm Active Games 2nd FL 6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 9:30am Exercise 9:30am Active Games (3rd fl) 10:30am Music with Sterling (3rd fl) 10:45am Active Games (2nd fl) 11:15am Step-up 2 Class 2:00pm Out for Coffee 3:00pm Music with Sterling (2nd fl) 3:00pm Get Up Class</p>	<p>10:45am Current Events 2:00pm BINGO</p>
<p>February Birth Stone: Amethyst </p>	<p>9:30am Step Up 1 Class 10:45am Step Up 2 Class 3:00pm Brazilian Carnival Drum Circle  3:00pm Get up Class</p>	<p>9:45am Creative Music Making 10:30am Nail Care (3rd Fl) 10:30am Worship with Vancouver Chinese Mission 11:00am Musical Visits with Sterling 1:15pm Brock School Visit 2:00pm Music with Peter (2nd Fl)</p>	<p>9:30am Step up 1 Class 10:45am Step up 2 Class 12:00pm Dim Sum Lunch 1:30pm Tzu Chi Karaoke 2:30pm Resident & Family Forum 3:00pm Get up Class</p>	<p>9:45am Creative Music Making 10:30am Tzu Chi Program 11:00am Musical Visits with Sterling  12:00pm Tzu Chi Lunch 1:30pm Active Games 2nd FL 6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 9:30am Exercise 9:30am Active Games (3rd fl) 10:30am Catholic Mass 10:30am Music with Sterling (3rd fl) 10:45am Active Games (2nd fl) 11:15am Step-up 2 Class 1:30pm Musical visits with Sterling 3:00pm Music with Sterling (2nd fl) 3:00pm Get Up Class</p>	<p>10:45am Current Events 2:00pm Saturday Social Entertainment by Linda Lujan</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>FEBRUARY</p>	<p>February's Birthstone is the Amethyst</p> 	<p>February's Flower is the Violet</p> 				<p>1</p> <p>9:30am Brain Games</p> <p>2:00pm Saturday Social with Entertainment by Bob Collins (on Main Floor)</p>
<p>2</p> <p>11:00am Active Games</p>  <p>HAPPY Groundhog Day</p>	<p>3</p> <p>9:30am Strength & Balance (on main floor)</p> <p>10:45am Nail Care</p> <p>1:30pm Music with Sterling</p>	<p>4</p> <p>9:30am Nail Care</p> <p>10:45am Lunch Outing to the Flamingo Restaurant</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>3:30pm Sing along with Emily</p>	<p>5</p> <p>10:45am Musical Visits with Angela</p> <p>11:30am Friendship Lunch (on main floor)</p> <p>1:30pm Music with Angela</p>	<p>6</p> <p>9:30am Valentines Baking</p> <p>10:30am Snack Social</p> <p>1:30pm Music with Sterling</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>7</p> <p>9:30am Musical Visits with Sterling</p> <p>10:00am Chinese New Year Event – Evergreen Dancers (on Main Floor)</p> <p>2:30pm Chinese New Year "Rat Race" (on Main floor)</p>	<p>8</p> <p>10:15am Vancouver Baptist Church Visit (on Main Floor)</p> <p>2:00pm BINGO (on Main Floor)</p>
<p>9</p> 	<p>10</p> <p>9:30am Strength & Balance (on main floor)</p> <p>10:45am Nail Care</p> <p>1:15pm Scenic Drive to Garry Point Park</p> <p>1:30pm Music with Sterling</p>	<p>11</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>10:45am Nail Care</p> <p>1:30pm Music with Peter Campbell</p>	<p>12</p> <p>10:15am Valentines Party</p>  <p>2:00pm Music with Peter</p>	<p>13</p> <p>9:30am Valentines Baking</p> <p>10:30am Snack Social</p> <p>1:30pm Music with Sterling</p> <p>6:00pm Pathfinders (on main floor)</p>	<p>Valentine's Day</p> <p>14</p> <p>9:30am Musical Visits with Sterling</p> <p>10:45am Exercise</p> <p>2:30pm Race of Hearts (on main floor)</p>	<p>15</p> <p>9:30am Brain Games</p> <p>2:00pm Family Day Social with Entertainment by Lorraine Smith (on Main floor)</p> 
<p>16</p> <p>11:00am Active Games</p> <p>2:00pm Healing Harmonies (on Main Floor)</p>	<p>17</p>  <p>FAMILY DAY</p> <p>No Leisure Programs</p>	<p>18</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>10:45am Nail Care</p> <p>2:00pm Birthday Party with Al Foreman (on Main Floor)</p>	<p>19</p> <p>10:45am Musical Visits with Angela</p> <p>2:00pm MARDI GRAS (on Main Floor)</p> 	<p>20</p> <p>9:30am Baking</p> <p>10:30am Snack Social</p> <p>1:30pm Music with Sterling</p> <p>2:45pm Active Games</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>21</p> <p>9:30am Musical Visits with Sterling</p> <p>10:45am Exercise</p> <p>1:30pm Music with Sterling</p> <p>2:00pm Out for Coffee</p> 	<p>22</p> <p>9:30am Bocce Ball</p> <p>2:00pm BINGO (on Main Floor)</p>
<p>23</p> 	<p>24</p> <p>10:30am Musical Visits with Sterling</p> <p>3:00pm Brazilian Carnival Drum Circle</p>  <p>(on Main Floor)</p>	<p>25</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>1:30pm Music with Peter Campbell</p>	<p>26</p> <p>9:30am Exercise</p> <p>1:30pm Karaoke with Tzu Chi (on main floor)</p> <p>2:30pm Resident & Family Forum (on Main Floor)</p>	<p>27</p> <p>9:30am Baking</p> <p>10:30am Snack Social</p> <p>1:30pm Music with Sterling</p> <p>2:45pm Active Games</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>28</p> <p>9:30am Musical Visits with Sterling</p> <p>10:30am Catholic Mass (on Main fl)</p> <p>10:45am Exercise</p> <p>1:45pm Garden Terrace Birthday Party with Lorraine Smith</p>	<p>29</p> <p>9:30am Brain Games</p> <p>2:00pm Saturday Social with Entertainment by Linda Lujan (on Main Floor)</p>