






























March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
3	4	5	6	7	8	9
<p>Let's Go To Hawaii Week</p> <p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking – <i>Hawaiian Theme</i></p> <p style="text-align: center;"></p>	<p>9:30am Step-up 1 class</p> <p>9:30am Chinese Leisure Interests</p> <p>10:00am Visits with Jessica</p> <p>10:45am Step-up 2 class</p> <p>2:15pm Music with Jessica (2nd fl)</p> <p>3:00pm Get Up class</p> <p>3:00pm Knitting Club</p>	<p>Shrove Tuesday</p> <p>9:30am Nail Care (3rd fl)</p> <p>9:30am Drum Circle</p> <p>10:30am Worship with Vancouver Chinese Mission</p> <p>10:45am Lunch Outing to the Honolulu Cafe</p> <p>2:00pm Hawaiian Social</p> <p>3:00pm Mah Jong</p>	<p>Ash Wednesday</p> <p>9:30am Step-Up 1 class</p> <p>9:30am Exercise</p> <p>10:45am Step-Up 2 class</p> <p>10:30am Music with Jessica (3rd fl)</p> <p>10:30am Friendship Lunch (Hawaiian Pizza)</p> <p>1:30pm Tzu Chi Karaoke</p> <p>2:15pm Music with Jessica (2nd fl)</p> <p>3:00pm Get Up class</p> <p>3:15pm Brain Games (3rd)</p>	<p>9:30am Music Session 1</p> <p>10:30am Music Session 2</p> <p>10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p> <p style="text-align: center;"></p> <p>6:00pm Wailele Wai Wai Hawaiian Hula Dancers</p>	<p>9:30am Step Up 1 class</p> <p>9:30am Active Games (3rd)</p> <p>9:30am Strength & Balance</p> <p>10:30am Catholic Mass</p> <p>10:45am Active Games (2nd)</p> <p>11:15am Step-up 2 Class</p> <p>2:00pm Hawaiian Party with Peter Montgomery</p> <p style="text-align: center;"></p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> <p style="text-align: center;"><i>Hawaiian Social</i> With Lorraine Smith</p>
10	11	12	13	14	15	16
<p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>9:30am Step-up 1 class</p> <p>9:30am Strength & Balance</p> <p>10:00am Visits with Jessica</p> <p>10:45am Step-up 2 class</p> <p>3:00pm Get Up class</p> <p>3:00pm Knitting Club</p>	<p>9:30am St. Patrick's Day Decorating</p> <p>9:30am Drum Circle</p> <p>10:30am Worship with Vancouver Chinese Mission</p> <p>2:00pm Birthday Party with Bob Collins</p> <p>3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class</p> <p>9:30am Exercise</p> <p>10:30am Music with Jessica (3rd)</p> <p>10:45am Step-Up 2 class</p> <p>1:30pm Tzu Chi Karaoke</p> <p>2:15pm Music with Jessica (2nd fl)</p> <p>3:00pm Get Up Class</p> <p>3:15pm Visits with Amanda</p>	<p>9:30am Music Session 1</p> <p>10:30am Music Session 2</p> <p>10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p> <p>1:15pm Intergenerational Program</p> <p>6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 Class</p> <p>9:30am Active Games (3rd)</p> <p>9:30am Strength & Balance</p> <p>10:30am Catholic Mass</p> <p>10:45am Active Games (2nd fl)</p> <p>11:15am Step-up 2 class</p> <p>1:30pm Baking</p> <p>3:00pm Get Up class</p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> <p style="text-align: center;"><i>St. Patrick's Day Theme</i></p> <p style="text-align: center;"></p>
17	18	19	20	21	22	23
<p>St. Patrick's Day</p> <p style="text-align: center;"></p> <p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking – <i>Irish Theme</i></p>	<p>9:30am Step-up 1 class</p> <p>9:30am Strength & Balance</p> <p>10:00am Visits with Jessica</p> <p>10:45am Step-up 2 class</p> <p>1:15 pm Scenic Drive to Southlands Horse Stable</p> <p>2:30pm Bell Choir</p> <p>3:00pm Get Up class</p> <p>3:00pm Knitting Club</p>	<p>10:00am Out for Coffee</p> <p>10:30am Worship with Vancouver Chinese Mission</p> <p>1:30pm Creative Arts</p> <p>3:00pm Mah Jong</p>	<p>First Day of Spring</p> <p>9:30am Step-Up 1 class</p> <p>9:30am Exercise</p> <p>10:45am Step-Up 2 class</p> <p>11:30am Dim Sum</p> <p>1:30pm Tzu Chi Karaoke</p> <p>3:00pm Get Up class</p>	<p>10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p> <p>1:45pm Music with Peter Campbell (2nd)</p> <p>6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class</p> <p>9:30am Active Games (3rd)</p> <p>9:30am Strength and Balance</p> <p>10:30am Catholic Mass</p> <p>10:45am Active Games (2nd fl)</p> <p>11:15am Step-up 2 class</p> <p>1:30pm Mike's Critters - Cute and Cuddly</p> <p>3:00pm Get Up Class</p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> <p style="text-align: center;"><i>Saturday Social</i> With Shawn McKee</p>
24	25	26	27	28	29	30
<p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>9:30am Step-up 1 class</p> <p>9:30am Strength & Balance</p> <p>10:45am Step-up 2 class</p>	<p>9:30am Nail Care (2nd)</p> <p>10:30am Worship with Vancouver Chinese Mission</p>	<p>9:30am Step-Up 1 class</p> <p>9:30am Exercise</p> <p>10:45am Step-Up 2 class</p>	<p>9:30am Music Session 1</p> <p>10:30am Music Session 2</p> <p>10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p>	<p>30am Step Up 1 class</p> <p>9:30am Active Games (3rd)</p> <p>9:30am Strength & Balance</p> <p>10:30am Catholic Mass</p> <p>10:45am Active Games (2nd)</p> <p>11:15am Step-up 2 Class</p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> <p style="text-align: center;"></p>
31						
<p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>1:15pm Scenic Drive to Spanish Banks</p> <p>3:00pm Get Up class</p> <p>3:00pm Knitting Club</p>	<p>2:00pm Multicultural Senior Singers</p> <p>3:00pm Mah Jong</p>	<p>1:30pm Tzu Chi Karaoke</p> <p>2:30pm Resident and Family Forum</p> <p>3:00pm Get Up class</p> <p>3:15pm Brain Games (2nd Fl)</p>	<p>1:15pm Intergenerational Program</p> <p>6:00pm Carpet Bowling</p>	<p>1:30pm Baking</p> <p>3:00pm Get Up class</p>	

GARDEN TERRACE

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>March's Birthstone is Aquamarine</p> 	<p>March's Flower is the Daffodil</p> 	<p>1 10:30am Catholic Mass (Main fl) 10:45am Exercise</p>	<p>2 9:30am Brain Games 2:00pm  (on Main Floor)</p>
<p>3 11:00am Active Games</p> <p>Let's go to</p>  <p>Week</p>	<p>4 10:45am Hawaiian Decorating 1:15pm Music with Jessica</p> 	<p>5 9:30am Drum Circle (on main floor) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 10:45am Lunch Outing to the Honolulu Cafe 3:30pm Sing Along with Emily & Lorraine</p>	<p>6 11:30pm Friendship Lunch Hawaiian Pizza (on main floor) 1:15pm Music with Jessica 2:45pm Mah Jong 3:15pm All About Hawaii</p>	<p>7 9:30am Hawaiian Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Wailele Wai Wai Hawaiian Hula Dancers (on main floor)</p>	<p>8 10:30am Catholic Mass (Main fl) 10:45am Exercise 2:00pm Hawaiian Party with Peter Montgomery (on main floor)</p> 	<p>9 9:30am Brain Games 2:00pm Hawaiian Social with Lorraine Smith (on main floor)</p> 
<p>10 11:00am Active Games</p> 	<p>11 10:45am Exercise 1:15pm Music with Jessica</p>	<p>12 9:30am Drum Circle (on main floor) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am St. Patrick's Day Decorating 1:15pm Musical Visits</p>	<p>13 10:45am Exercise 1:15pm Music with Jessica 2:45pm Mah Jong 3:15pm All About St. Patrick's Day</p>	<p>14 9:30am St. Patrick's Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)</p>	<p>15 10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Fresh Air Walks 3:30pm Sing Along with Emily & Lorraine</p>	<p>16 9:30am Brain Games 2:00pm St. Patrick's Lucky  (on main floor)</p>
<p>17 St. Patrick's Day</p> <p>11:00am Active Games</p> 	<p>18 10:45am Exercise 1:30pm Scenic Drive to Southland Horse Stables 2:30pm Bell Choir (on main floor)</p>	<p>19 10:00am Out for Coffee 10:30am Worship with Vancouver Chinese Mission (on main floor) 1:45pm Birthday Party with Peter Campbell</p>	<p>20 First Day of Spring!</p> <p>10:45am Exercise 2:45pm Mah Jong 3:15pm All About Spring</p>	<p>21 9:30am Baking 10:30am Snack Social 1:30pm Music with Peter 6:00pm Carpet Bowling (on main floor)</p>	<p>22 10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Mike's Critters "Cute & Cuddly"</p>  <p>(on main floor)</p>	<p>23 9:30am Brain Games 2:00pm Saturday Social with Shawn McKee (on main floor)</p>
<p>24 11:00am Active Games</p> 	<p>25 10:45am Exercise 1:30pm Scenic Drive to Spanish Banks</p>	<p>26 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 1:45pm Multicultural Senior Singers (on main floor)</p>	<p>27 10:45am Exercise 2:30pm Resident & Family Forum (on main floor) 2:45pm Mah Jong 3:15pm Home Life Program</p>	<p>28 9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)</p>	<p>29 10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Fresh Air Walks 3:30pm Sing Along with Emily & Lorraine</p>	<p>30 9:30am Brain Games 2:00pm  (on Main Floor)</p>