



February 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p>1</p> <p>9:30am Step Up 1 class 9:30am Active Games (3rd) 9:30am Strength & Balance 10:30am Catholic Mass 10:45am Active Games (2nd) 11:15am Step-up 2 Class 3:00pm Lion Dance with Angel Entertainment</p>	<p>2</p> <p>Groundhog Day</p> <p>10:45am Coffee & Current Events</p> <p>2:00pm</p> 
<p>3</p> <p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>4</p> <p>9:30am Step-up 1 class 9:30am Chinese Leisure Interests 10:00am Visits with Jessica (3rd) 10:45am Step-up 2 class</p> <p>2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>5</p> <p>9:30am Nail Care (3rd fl) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission 10:45am Lunch Outing to the Flamingo Restaurant 1:30pm Musical Visits 1:30pm Creative Arts 3:00pm Mah Jong</p>	<p>6</p> <p>9:30am Step-Up 1 class 9:30am Exercise 10:45am Step-Up 2 class 10:30am Music with Jessica (3rd fl) 10:30am Friendship Lunch</p> <p>1:30pm Karaoke with Tzu Chi 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class 3:15pm Brain Games (3rd)</p>	<p>7</p> <p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch 1:30-3:00pm Chinese New Year Festival hosted by Tzu Chi 6:00pm Pathfinders Visit</p>	<p>8</p> <p>9:30am Step Up 1 class 9:30am Active Games (3rd) 9:30am Strength & Balance 10:30am Catholic Mass 10:45am Active Games (2nd) 11:15am Step-up 2 Class 1:45pm Evergreen Dancers 3:00pm Get Up class</p>	<p>9</p> <p>10:15am</p> <p>Visit with Vancouver Chinese Baptist Church</p> <p>2:00pm</p> <p>Saturday Social With David McNeil</p>
<p>10</p> <p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>11</p> <p>9:30am Step-up 1 class 9:30am Strength & Balance 10:00am Visits with Jessica (3rd) 10:45am Step-up 2 class</p> <p>2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>12</p> <p>9:30am <i>Valentines Decorating</i> 10:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission 2:00pm Birthday Party with Shaun McKee 3:00pm Mah Jong</p>	<p>13</p> <p>9:30am Step-Up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 1:30pm Tzu Chi Karaoke 2:15pm Music with Jessica (2nd fl) 2:30pm Race of Hearts</p>	<p>14</p> <p>Valentine's Day ♥</p> <p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch 1:15pm Intergenerational Program 6:00pm Valentine's Social with Lorraine Smith</p>	<p>15</p> <p>9:30am Step Up 1 Class 9:30am Active Games (3rd) 9:30am Strength & Balance 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class 1:15pm Scenic Drive to Spanish Banks 3:00pm Get Up class 3:30pm Music with Pete (2nd)</p>	<p>16</p>  <p>~Sorry No Programs~</p>
<p>17</p> <p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>18</p>  <p>~Sorry No Programs~</p>	<p>19</p> <p>9:30am Nail Care (3rd) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission</p> <p>1:30pm Musical Visits 1:30pm Creative Arts 3:00pm Mah Jong</p>	<p>20</p> <p>9:30am Step-Up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 11:30am Dim Sum</p> <p>1:30pm Tzu Chi Karaoke 3:00pm Get Up class</p>	<p>21</p> <p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p>	<p>22</p> <p>9:30am Step Up 1 class 9:30am Active Games (3rd) 9:30am Exercise 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class 1:30pm Baking 3:00pm Get Up Class</p>	<p>23</p> <p>10:45am Coffee & Current Events</p> <p>2:00pm</p> <p>Saturday Social With Peter Campbell</p>
<p>24</p> <p>9:45am Active Games on 3rd Fl</p> <p>1:30pm Baking</p>	<p>25</p> <p>9:30am Step-up 1 class 10:00am Visits with Jessica (3rd) 10:45am Step-up 2 class</p> <p>2:30pm Bell Choir 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>26</p> <p>9:30am Nail Care (2nd) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission</p> <p>2:30pm Let's Move to the Beat 3:00pm Mah Jong</p>	<p>27</p> <p>9:30am Step-Up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 1:30pm Tzu Chi Karaoke 2:15pm Music with Jessica (2nd fl) 2:30pm Resident and Family Forum 3:00pm Get Up class</p>	<p>28</p> <p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch 1:15pm Intergenerational Program</p>		 <p><small>shutterstock.com • 1096440221</small></p>

GARDEN TERRACE

February 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><i>Happy Chinese New Year</i></p> 				<p>1</p> <p>10:30am Catholic Mass (Main fl) 10:45am Exercise</p> <p>3:00pm Chinese New Year Lion Dance (on main floor)</p>	<p>2</p>  <p>9:30am Brain Games 2:00pm BINGO (on Main Floor)</p>
<p>3</p> <p>11:00am Active Games</p>	<p>4</p> <p>10:45am Exercise 1:15pm Music with Jessica</p>	<p>5</p> <p>Chinese New Year 9:30am Drum Circle (on main floor) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 3:00pm Sing Along with Emily & Lorraine</p>	<p>6</p> <p>11:30pm Friendship Lunch Western Chinese (on main floor) 1:15pm Music with Jessica 2:45pm Mah Jong</p>	<p>7</p> <p>9:30am Baking 10:30am Snack Social 1:30pm Chinese New Year Festival hosted by Tzu Chi (on main floor) 6:00pm Pathfinders (on main floor)</p>	<p>8</p> <p>10:30am Catholic Mass (Main fl) 10:45am Exercise 1:45pm Evergreen Chinese Dancers (on main floor)</p>	<p>9</p> <p>10:15pm Visit with Vancouver Chinese Baptist Church (on main floor) 2:00pm Saturday Social with David McNeil (on main floor)</p>
<p>10</p> <p>11:00am Active Games</p>	<p>11</p> <p>10:45am Exercise 1:15pm Music with Jessica 2:30pm Bell Choir (on main floor)</p>	<p>12</p> <p>10:30am Drum Circle (on main floor) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Valentine's Decorating 1:15pm Music with Jessica</p>	<p>13</p> <p>10:45am Valentine's Arts & Crafts 1:15pm Music with Jessica 2:30pm Race of Hearts (on main floor) 2:45pm Mah Jong</p>	<p>14</p> <p>Valentine's Day  9:30am Valentine's Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Valentine's Social with Lorraine Smith (on main floor)</p>	<p>15</p> <p>10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Scenic Drive to Spanish Banks 4:00pm Music with Peter Campbell</p>	<p>16</p>  <p>No Leisure Programs</p>
<p>17</p> <p>11:00am Active Games</p>	<p>18</p>  <p>No Leisure Programs</p>	<p>19</p> <p>9:30am Drum Circle (on main floor) 10:30am Worship with Vancouver Chinese Mission (on main floor) 1:45pm Birthday Party with Bob Collins</p>	<p>20</p> <p>1:15pm Music with Jessica 2:45pm Mah Jong</p>	<p>21</p> <p>9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica</p>	<p>22</p> <p>10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Fresh Air Walks 3:30pm Sing Along with Emily & Deborah</p>	<p>23</p> <p>9:30am Brain Games 2:00pm Saturday Social with Peter Campbell (on main floor)</p>
<p>24</p> <p>11:00am Active Games</p>	<p>25</p> <p>1:15pm Music with Jessica</p>	<p>26</p> <p>9:30am Drum Circle (on main floor) 10:30am Worship with Vancouver Chinese Mission (on main floor) 2:30pm Let's Move to the Beat (on main floor)</p>	<p>27</p> <p>1:15pm Music with Jessica 2:30pm Resident & Family Forum (on main floor)</p>	<p>28</p> <p>9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica</p>	<p>February's Flower is the Violet</p> 	<p>February's Birthstone is the Amethyst</p> 