

























January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 <p style="text-align: center;">~Sorry No Programs~</p>	<p>9:30am Step Up 1 Class 10:30am Music with Jessica (3rd) 2:30pm <i>New Year's Party with Sharon and Rueben</i></p> 	<p>10:30am Tzu Chi Program 12:00pm Tzu Chi Lunch</p>	<p>9:30am Step Up 1 class 9:30am Exercise (Main Fl) 10:30am Catholic Mass 11:15am Step-up 2 Class</p> <p>1:30pm Baking 2:00pm Music with Peter (2nd fl) 3:00pm Get Up Class</p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> 
	<p>9:30am Step-up 1 class 10:00am Visits with Jessica (3rd) 10:45am Step-up 2 class</p> <p>2:30pm Music with Jessica (2nd fl) 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>9:30am Nail Care (3rd fl) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission</p> <p>1:15pm Music with Jessica (3rd) 1:30pm Creative Arts 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 10:45am Step-Up 2 class 10:30am Music with Jessica (3rd fl)</p> <p>1:30pm Karaoke with Tzu Chi 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p>	<p>9:30am Step Up 1 class 10:30am Catholic Mass 11:15am Step-up 2 Class</p> <p>3:00pm Get Up Class</p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> <p style="text-align: center;">Saturday Social with Shawn Mckee</p>
	<p>9:30am Step-up 1 class 9:30am Chinese Leisure Interests 10:00am Visits with Jessica (3rd) 10:45am Step-up 2 class</p> <p>2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>9:30am Nail Care (2nd fl) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission</p> <p>1:15pm Music with Jessica (3rd) 2:00pm Birthday Party with Bob Collins 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 11:30am New Year Friendship Lunch 1:30pm Tzu Chi Karaoke 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class 3:15pm Brain Games (3rd Fl)</p>	<p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch 1:15pm Intergenerational Program</p> <p>6:00pm Carpet Bowling</p>	<p>9:30am Music with Peter (3rd fl) 9:30am Step Up 1 class 9:30am Strength & Balance 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class</p> <p>3:00pm Get Up class</p>	 <p style="text-align: center;">~Sorry No Programs~</p>
	<p>9:30am Step-up 1 class 9:30am Strength and Balance 10:00am Visits with Jessica (3rd)</p> <p>2:30pm Bell Choir with Jessica 3:00pm Knitting Club 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>9:30am Nail Care (3rd) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission</p> <p>1:15pm Music with Jessica (3rd) 1:30pm Creative Arts 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 11:30am Dim Sum</p> <p>1:30pm Tzu Chi Karaoke 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch</p> <p>6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 10:30am Catholic Mass 11:15am Step-up 2 class</p> <p>2:00pm Music with Peter (2nd fl) 3:00pm Get Up Class</p>	<p>10:45am Coffee & Current Events</p> <p>2:00pm</p> 
	<p>9:30am Step-up 1 class 9:30am Strength and Balance 10:00am Visits with Jessica (3rd) 10:45am Step-up 2 class 1:15pm Scenic Drive: China Town/Port Side Park 2:15am Music with Jessica (2nd fl) 3:00pm Get Up class 3:00pm Knitting Club</p>	<p>9:30am Nail Care (3rd) 9:30am Drum Circle 10:30am Worship with Vancouver Chinese Mission 2:30pm Let's Move to the Beat 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 1:30pm Tzu Chi Karaoke 2:15pm Music with Jessica (2nd fl) 2:30pm Family Council 3:00pm Get Up class</p>	<p>9:30am Music Session 1 10:30am Music Session 2 10:30am Tzu Chi Program</p> <p>12:00pm Tzu Chi Lunch 1:15pm Intergenerational Program 6:00pm Carpet Bowling</p>		

GARDEN TERRACE

January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 No Leisure Programs	2:30pm New Year Party with Sharon and Rueben (on main floor) 	9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)	10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Music with Peter	9:30am Brain Games 2:00pm  (on Main Floor)
	1:15pm Music with Jessica	9:30am Drum Circle (on main) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 2:00pm Arts & Crafts New Year Theme	1:15pm Music with Jessica 2:45pm Mah Jong	1:15pm Music with Jessica	10:30am Catholic Mass (Main fl) 2:00pm Sing Along with Emily & Lorraine	9:30am Brain Games 2:00pm Saturday Social with Shawn McKee (on main floor)
	10:45am Exercise 1:15pm Music with Jessica	9:30am Drum Circle (on main) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 2:00pm Birthday Party With Bob Collins (on main floor)	11:30pm New Year Friendship Lunch (on main floor) 1:15pm Music with Jessica 2:45pm Mah Jong 3:30pm Home Life Program	9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)	10:00am Music with Peter 10:30am Catholic Mass (Main fl) 2:00pm Fresh Air Walks	 No Leisure Programs
	10:45am Exercise 1:15pm Music with Jessica 2:30pm Bell Choir (on main floor)	9:30am Drum Circle (on main) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 1:45pm Birthday Party with Lorraine Smith	10:45am Exercise 1:15pm Music with Jessica 2:45pm Mah Jong 3:30pm Reader's Corner	9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)	10:30am Catholic Mass (Main fl) 1:30pm Music with Peter	9:30am Brain Games 2:00pm Saturday Social with Steve Warner (on main floor)
	10:45am Exercise 1:15pm Music with Jessica 1:30pm Scenic Drive to Chinatown/Portside Park	9:30am Drum Circle (on main) 10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 2:30pm Let's Move to the Beat (on main floor)	10:45am Exercise 1:15pm Music with Jessica 2:45pm Mah Jong 3:30pm Home life Program	9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)	January's Gem is the Garnet 	January's Flower is the Carnation 