






















September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>September is "Back to School" Month</p> 		<p>September Birthstone is the Sapphire</p> 	<p>September Flower is the Aster</p> 	 <p>Weekend No Leisure Programs</p>
	<p>Labor Day</p>  <p>10:30am Music with Jessica (3rd) 2:15pm Music with Jessica (2nd fl)</p>	<p>9:30am One to One Visits with Jessica 10:30am Worship with Vancouver Chinese Mission 2:15pm Music with Jessica (2nd fl) 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 10:30am Music with Jessica (3rd fl) 10:45am Step-Up 2 class 11:30am Patio Friendship Lunch (Western Chinese) 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>10:30am Tzu Chi Program 12:00pm Tzu Chi Lunch 1:15pm One to One Visits with Jessica 3:15pm Music with Jessica (3rd fl) 6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 10:30am Catholic Mass 10:45am Lunch Outing to the UBC Golf Course Restaurant 11:15am Step-up 2 class 3:00pm Get Up class</p>	<p>10:45am Gardening 2:00pm Grandparent's Day Afternoon Social with David McNeil</p>
<p>National Grandparent's Day</p> 	<p>9:30am Step-up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class 1:30pm Special Moments 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>10:30am Worship with Vancouver Chinese Mission 2:00pm Birthday Party with Peter Campbell 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 1:30pm Karaoke with Tzu Chi 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>10:30am Tzu Chi Program 12:00pm Tzu Chi Lunch 3:00pm Moon Festival Decorating 6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 9:30am Exercise 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class 1:45pm Moon Festival Entertainment Evergreen Dancers 3:00pm Get Up class</p>	<p>10:45am Gardening 2:00pm BINGO</p>
	<p>9:30am Step-up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class 1:30pm Scenic Drive to Chinatown/Portside Park 2:30pm Bell Choir 3:00pm Get Up class</p>	<p>10:30am Worship with Vancouver Chinese Mission 10:45am Nail Care (3rd) 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 11:30pm Dim Sum Lunch 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>10:30am Tzu Chi Program 12:00pm Moon Festival Tzu Chi Lunch for Residents (and Staff) 1:15pm Intergenerational Program 6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 9:30am Exercise 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class 1:30pm Gardening 3:00pm Get Up class</p>	<p><i>First day of Fall</i> 10:45am All About Fall 2:00pm Saturday Social with Lorraine Smith</p>
	<p>9:30am Step-up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class 1:30pm Special Moments 2:15pm Music with Jessica (2nd fl) 3:00pm Knitting Club 3:00pm Get Up class</p>	<p>10:30am Worship with Vancouver Chinese Mission 10:45am Lunch Outing to The Flamingo Restaurant 3:00pm Mah Jong</p>	<p>9:30am Step-Up 1 class 10:30am Music with Jessica (3rd) 10:45am Step-Up 2 class 1:30pm Karaoke with Tzu Chi 2:30pm Resident and Family Forum 2:15pm Music with Jessica (2nd fl) 3:00pm Get Up class</p>	<p>10:30am Tzu Chi Program 12:00pm Tzu Chi Lunch 6:00pm Carpet Bowling</p>	<p>9:30am Step Up 1 class 9:30am Exercise 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class 3:00pm Get Up class</p>	<p>10:45am Gardening 2:00pm BINGO</p>

GARDEN TERRACE

September 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>September is "Back to School" Month</p> 			<p>September Flower is the Aster</p> 	<p>September Birthstone is the Sapphire</p> 	 <p>Weekend No Leisure Programs</p>
	<p>Labor Day</p>  <p>1:15pm Music with Jessica</p>	<p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>1:15pm Music with Jessica</p>	<p>9:30am One to One Visits with Jessica</p> <p>1:15pm Music with Jessica</p> <p>2:45pm Mah Jong</p> <p>3:15pm Fresh Air Walks</p>	<p>9:30am One to One Visits with Jessica</p> <p>1:15pm Ice Cream Social with Emily & Lorraine</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>10:30am Catholic Mass (Main fl)</p> <p>3:30pm Home Life Program</p>	<p>9:30am Home Life Activities</p> <p>2:00pm Grandparent's Day Saturday Social with David McNeil (on main floor)</p>
<p>National Grandparent's Day</p> 	<p>10:45am Gardening</p> <p>1:15pm Music with Jessica</p>	<p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>10:45am Nail Care</p> <p>2:00pm Birthday Party with Peter Campbell (on main floor)</p>	<p>9:30am One to One Visit with Jessica</p> <p>1:15pm Music with Jessica</p> <p>3:15pm Fresh Air Walks</p>	<p>1:15pm Moon Festival Decorating</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>10:30am Catholic Mass (Main fl)</p> <p>1:45pm Moon Festival Entertainment Evergreen Dancers (on main floor)</p>	<p>9:30am Home Life Activities</p> <p>2:00pm  (on main floor)</p>
	<p>10:45am Gardening</p> <p>1:15pm Music with Jessica</p> <p>1:30pm Scenic Drive to Chinatown & Portside Park</p> <p>2:30pm Bell Choir (on main floor)</p>	<p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>1:45pm September Birthday Party with Lorraine Smith</p>	<p>9:30am One to One Visits with Jessica</p> <p>1:15pm Music with Jessica</p> <p>2:45pm Mah Jong</p> <p>3:15pm Fresh Air Walks</p>	<p>12:00pm Moon Festival Tzu Chi Lunch for Residents & Staff (on main floor)</p> <p>1:15pm Intergenerational Program (on main floor)</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>10:30am Catholic Mass (Main fl)</p> <p>3:30pm Home Life Program</p>	<p>First day of Fall</p> <p>9:30am All About Fall</p> <p>2:00pm Saturday Social with Lorraine Smith (on main floor)</p>
<p>Happy Moon Festival September 24th</p> 	<p>10:45am Gardening</p> <p>1:15pm Music with Jessica</p>	<p>10:30am Worship with Vancouver Chinese Mission (on main floor)</p> <p>3:30pm Sing Along with Emily & Lorraine</p>	<p>9:30am One to One Visits with Jessica</p> <p>1:15pm Music with Jessica</p> <p>2:30pm Resident & Family Forum (on main floor)</p> <p>3:15pm Fresh Air Walks</p>	<p>2:15pm Sing Along with Emily & Lorraine</p> <p>6:00pm Carpet Bowling (on main floor)</p>	<p>10:30am Catholic Mass (Main fl)</p> <p>2:00pm Fresh Air Walks</p>	<p>9:30am Home Life Activities</p> <p>2:00pm  (on main floor)</p>