






























February 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Happy Chinese New Year	 Winter Olympics February 9th-25th	<i>February's Gem is the Amethyst</i> 	<i>February's Flower is the Violet</i> 	<p>10:30am Tzu Chi Program 1 12:00pm Tzu Chi Lunch</p> <p>1:30pm Baking Chinese Egg Tarts</p> <p>3:15pm Music with Jessica (3rd)</p> <p>6:00pm Carpet Bowling</p>	<p>2 9:30am Step Up 1 class 9:30am Exercise 10:30am Catholic Mass 11:15am Step-up 2 class</p> <p>1:30pm Chinese New Year Decorating Main floor 3:00pm Get Up class</p>	<p>3 10:45 Current Events</p> <p>2:00pm </p>
 4	<p>5 9:30am Step-up 1 class 9:30am Chinese Leisure Interests 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class</p> <p>1:30pm Valentine's Decorating (main floor) 2:15pm Music with Jessica (2nd fl) 3:00pm Mah Jong 3:00pm Get Up class</p>	<p>6 9:30am Nail Care (2nd) 10:30am Worship with Vancouver Chinese Mission</p> <p>10:45am Lunch Outing to Flamingo Restaurant</p> <p>1:30pm Creative Arts Valentine's Day theme</p>	<p>7 9:30am Step-Up 1 class 9:30 am Exercise 10:45am Step-Up 2 class 11:30pm Friendship Lunch Western Chinese Food</p> <p>1:30pm Karaoke with Tzu Chi 2:15pm Music with Jessica (2nd fl) 3:00pm Home life Activities(2nd fl) 3:00pm Get Up class</p>	<p>8 10:30am Tzu Chi Program 12:00pm Tzu Chi New Year Lunch</p> <p>1:15pm Intergenerational Program</p> <p>3:15pm Music with Jessica (3rd)</p> <p>6:00pm Carpet Bowling</p>	<p>9 First day of Olympics 9:30am Step Up 1 class 9:30am Exercise 9:30am Active Games (3rd fl) 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class</p> <p>1:30pm Valentine Baking Heart's Delight Eclair 3:00pm Get Up class</p>	<p>10 10:15am Visit with Vancouver Chinese Baptist Church</p> <p>2:00pm Family Day Social with Shawn McKee</p>
 11	 12	<p>13 10:30am Worship with Vancouver Chinese Mission</p>	<i>Happy Valentine's Day</i> 14	<p>15 10:30am Tzu Chi Program 12:00pm Tzu Chi Lunch</p> <p>2:00pm Chinese New Year Lion Dance</p> <p>3:15pm Music with Jessica (3rd)</p> <p>6:00pm Carpet Bowling</p>	<p>16 <i>Chinese New Year</i> 9:30am Step Up 1 class 9:30am Exercise 9:30am Active Games (3rd fl) 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class 1:30pm Creative Arts Chinese New Year theme 3:00pm Get Up class</p>	<p>17 10:45 Current Events And Olympic Medal Update</p> <p>2:00pm </p>
 18	<p>19 9:30am Step-up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class 1:30pm Scenic Drive to Jericho Beach</p> <p>2:30pm Bell Choir 3:00pm Mah Jong 3:00pm Get Up class</p>	<p>20 9:30am Nail Care(2nd) 10:30am Worship with Vancouver Chinese Mission</p> <p>1:45pm Birthday Party with Lorraine Smith</p>	<p>21 9:30am Step-Up 1 class 9:30 am Exercise 10:45am Step-Up 2 class</p> <p>1:30pm Karaoke with Tzu Chi 2:15pm Music with Jessica (2nd fl) 3:00pm Home life Activities(2nd fl) 3:00pm Get Up class</p>	<p>22 10:30am Tzu Chi Program 12:00pm Tzu Chi Lunch</p> <p>1:15pm Intergenerational Program</p> <p>3:15pm Music with Jessica (3rd)</p> <p>6:00pm Carpet Bowling</p>	<p>23 9:30am Step Up 1 class 9:30am Exercise 9:30am Active Games (3rd) 10:30am Catholic Mass 10:45am Active Games (2nd fl) 11:15am Step-up 2 class</p> <p>1:30pm Baking 3:00pm Get Up class</p>	<p>24 10:45 Current Events And Olympic Medal Update</p> <p>2:00pm Saturday Social with Peter Campbell</p>
 Last Day of the Olympics	<p>25 9:30am Step-up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class</p> <p>1:30pm Special Moments 2:15pm Music with Jessica (2nd fl) 3:00pm Mah Jong 3:00pm Get Up class</p>	<p>26 9:30am Step-up 1 class 9:30am Exercise 10:30am Music with Jessica (3rd) 10:45am Step-up 2 class</p> <p>1:30pm Special Moments 2:15pm Music with Jessica (2nd fl) 3:00pm Mah Jong 3:00pm Get Up class</p>	<p>27 10:30am Worship with Vancouver Chinese Mission</p>	<p>28 9:30am Step-Up 1 class 10:45am Step-Up 2 class</p> <p>2:15pm Music with Jessica (2nd fl) 3:00pm Resident & Family Forum 3:00pm Get Up class</p>		
						

GARDEN TERRACE

February 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>Happy Chinese New Year</i></p> 	 <p>2018 Year of Dog</p>	<p>Winter Olympics February 9th-25th</p> 	 <p>PyeongChang 2018</p>	<p>9:30am Baking ¹ 10:30am Snack Social 1:15pm Music with Jessica 2:30pm Chinese New Year Arts & Craft 3:15pm Chinese New Year Decorating 6:00pm Carpet Bowling (on main floor)</p>	<p>² 10:30am Catholic Mass (Main fl) 10:45am Exercise 2:00pm Fresh Air Walks</p>	<p>³ 9:30am Home Life Activities 2:00pm  (on main floor)</p>
<p>4</p> 	<p>5</p> <p>10:45am Exercise 1:15pm Music with Jessica 3:30pm One to One Visits</p>	<p>6</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 3:30pm Sing Along With Emily & Lorraine</p>	<p>7</p> <p>11:30pm Friendship Lunch Western Chinese Food (on main floor) 1:15pm Music with Jessica 2:45pm Mah Jong 3:15pm Valentines Decorating</p>	<p>8</p> <p>9:30am Valentines Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)</p>	<p>9</p> <p>First day of the Winter Olympics  10:30am Catholic Mass (Main fl) 10:45am Exercise 1:30pm Fresh Air Walks 3:00pm Valentine Arts & Craft</p>	<p>10</p> <p>10:30am Vancouver Chinese Baptist Church Visit (on main floor) 2:00pm Saturday Family Day Social with Steve Warner</p>
<p>11</p> 	<p>12</p>  <p>1:15pm Music with Jessica</p>	<p>13</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 1:45pm Garden Terrace Valentines Birthday Party with Lorraine Smith</p>	<p>Valentine's Day  14</p> <p>10:45am Folding 11:00am Exercise 1:15pm Music with Jessica 2:15pm Race of Hearts (on main floor) 2:45pm Mah Jong</p>	<p>15</p> <p>9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 2:00pm Lion Dance (on main floor) 6:00pm Carpet Bowling (on main floor)</p>	<p>Chinese New Year 16</p> <p>10:30am Catholic Mass (Main fl) 10:45am Exercise 2:00pm Fresh Air Walks</p>	<p>17</p> <p>9:30am All About the Winter Olympics 2:00pm  (on main floor)</p>
<p>18</p> 	<p>19</p> <p>10:45am Exercise 1:15pm Music with Jessica 1:30pm Scenic Drive to Jericho Beach</p>	<p>20</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 1:45pm Birthday Party with Lorraine Smith (on main floor)</p>	<p>21</p> <p>10:45am Folding 11:00am Exercise 1:15pm Music with Jessica 2:45pm Mah Jong 3:15pm Reader's Corner</p>	<p>22</p> <p>9:30am Baking 10:30am Snack Social 1:15pm Music with Jessica 6:00pm Carpet Bowling (on main floor)</p>	<p>23</p> <p>10:30am Catholic Mass (Main fl) 10:45am Exercise 2:00pm Fresh Air Walks</p>	<p>24</p> <p>9:30am All About the Winter Olympics 2:00pm Saturday Social with Peter Campbell</p>
<p>25</p> <p>Last day of the Winter Olympics</p> 	<p>26</p> <p>10:45am Exercise 1:15pm Music with Jessica 3:30pm One to One Visits</p>	<p>27</p> <p>10:30am Worship with Vancouver Chinese Mission (on main floor) 10:45am Nail Care 3:30pm Sing Along With Emily & Lorraine</p>	<p>28</p> <p>10:45am Folding 11:00am Exercise 1:15pm Music with Jessica 2:45pm Mah Jong 3:00pm Resident & Family Forum (on main floor) 3:15pm Reader's Corner</p>		<p>February's Flower is the Violet</p> 	<p>February's Birthstone is the Amethyst</p> 